



Checklist for Naloxone Training

RESPONDING TO AN OPIOID OD

- UNRESPONSIVE?**
 - **Stimulate** with **noise** (shout, use their name)
 - **Touch** (sternal rub), remember, tell person what you are doing before you touch them

- CALL 911**
 - Put person in the recovery position if you have to leave them alone
 - Give address and if possible **send someone to meet paramedics** at door

- CLEAR AIRWAY & VENTILATE**
 - Clear airway (removing anything from their mouth), tilt head, lift chin
 - Pinch nose and give 2 breaths
 - Continue **1 breath every 5 seconds until person is breathing again**

- GIVE 1st DOSE**
 - Snap top off ampoule, draw up all of the naloxone
 - Inject into large **muscle** (thigh, upper arm, or buttock)
 - Inject at 90°, push plunger until you hear a click (needle will retract)

- EVALUATE & GIVE 2nd DOSE IF NEEDED**
 - **Continue to give breaths** until they respond (are breathing again on their own)
 - **After 5 minutes, if still unresponsive, give a 2nd dose of naloxone**
 - **Continue breaths** until the person is breathing on their own or until paramedics arrive

- AFTERCARE**
 - Naloxone wears off in 20-90 minutes
 - Person will not remember overdosing (explain what happened)
 - Monitor the person for at least 2 hours and do NOT allow them to take more opioids (could overdose again)

- REFILL**
 - Go to your nearest pharmacy to buy more naloxone