



COLLEGE OF PHARMACISTS OF BRITISH COLUMBIA

Safe and Effective Pharmacy Care

Controlled Drugs and Substances Destruction Request Guidelines

To destroy any expired narcotics and controlled drug substances a request for "Authorization to Destroy" must be made to the Health Protection Branch. Using the "[Controlled Drugs and Substance Destruction Request](#)" Form, prepare a list of expired drugs and quantities requiring destruction and **mail** or **fax** to:

Office of Controlled Substances
Compliance, Monitoring and Liaison Division
Drug Strategy and Controlled Substances Program
Health Canada
Address Locator: 3502B
Ottawa, Ontario K1A 1B9
Phone No: (613) 954-1541
Fax No: (613) 957-0110

When the written "Authorization to Destroy" is received, the drugs may be disposed of in a safe and effective manner (rendering them unusable/irretrievable).

Authorization is not required to destroy benzodiazepines and other targeted substances. However, records including the name, strength per unit and quantity of the targeted substance destroyed must be kept for three years. [Click here for more information.](#)